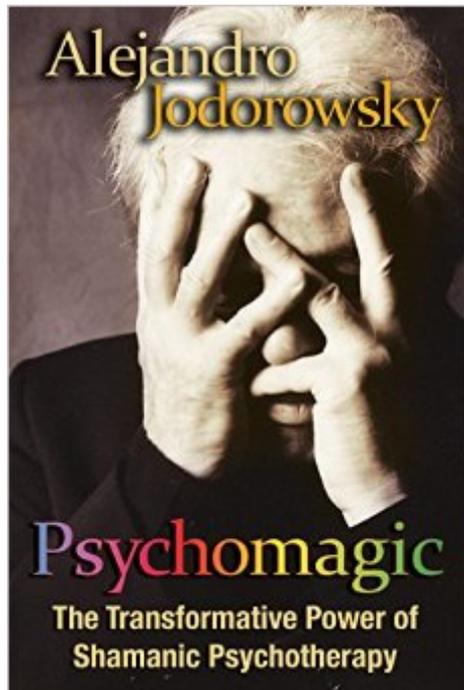


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Psychomagic: The Transformative Power Of Shamanic Psychotherapy



Synopsis

A healing path using the power of dreams, theater, poetry, and shamanism â Shows how psychological realizations can cause true transformation when manifested by concrete poetic acts â Includes many examples of the surreal but successful actions Jodorowsky has prescribed to those seeking his help

While living in Mexico, Alejandro Jodorowsky became familiar with the colorful and effective cures provided by folk healers. He realized that it is easier for the unconscious to understand the language of dreams than that of rationality. Illness can even be seen as a physical dream that reveals unresolved emotional and psychological problems. Psychomagic presents the shamanic and genealogical principles Jodorowsky discovered to create a healing therapy that could use the powers of dreams, art, and theater to empower individuals to heal wounds that in some cases had traveled through generations. The concrete and often surreal poetic actions Jodorowsky employs are part of an elaborate strategy intended to break apart the dysfunctional persona with whom the patient identifies in order to connect with a deeper self. That is when true transformation can manifest. For a young man who complained that he lived only in his head and was unable to grab hold of reality and advance toward the financial autonomy he desired, Jodorowsky gave the prescription to paste two gold coins to the soles of his shoes so that all day he would be walking on gold. A judge whose vanity was ruling his every move was given the task of dressing like a tramp and begging outside one of the fashionable restaurants he loved to frequent while pulling glass doll eyes out of his pockets. The lesson for him was that if a tramp can fill his pockets with eyeballs, then they must be of no value, and thus the eyes of others should have no bearing on who you are and what you do. Taking his patients directly at their words, Jodorowsky takes the same elements associated with a negative emotional charge and recasts them in an action that will make them positive and enable them to pay the psychological debts hindering their lives.

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Customer Reviews

I have always had interest into Parasicology. I have read and traveled to several countries, always looking into this topic. What is psychomagic? Healing psychological wounds suffered in the early stages of life. This therapy is based on the belief that the performance of certain outside acts can directly act upon the unconscious mind, releasing it from a series of traumas, some of which are passed down from generation to generation. These acts are prescribed by the therapist after having studied the patient's personality and family tree. This therapy is just in diapers and barely know in the USA , its more common in Europe. This is the reason I decided to share my review. This therapy was born when the author of the book worked with a Mexican healer, Pachita, in the 70s. He treated the patients as children and would operate on them curing many illnesses. He would treat both mind and body diseases. As an example of the mind disease , a person that had very weak character was told : steal a piece of meat at the butchers once a week for 3 months. By doing so this person been so weak of Character would have to learn how to do it, and be strong to perform as indicated. Needless to say that after the 3 months this person was cured, realizing that he could do all that. While the new therapist learn this new approach , you could act as your self healer (just as in Auto hypnosis you would need to do it yourself) . You need to remember , when you were a child , and how your parents treated you when you were sick. Find those words, treat yourself as if you were 5 or 6 years old, which according to this author your unconscious is. Find those words that you need to heal. Give yourself through your unconscious the orders to change.

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